

GROWTH GROUPS QUESTIONS

Psalm 1

GETTING TO KNOW EACH OTHER

What are the voices that influence you the most? How have you been positively and negatively influenced by them?

INTO THE WORD

Psalm 1 says there are two different types of people in the world: the righteous and the wicked. How do you define their difference?

Notice there is a progression in the life of the wicked man who walks, stands, and sits. What are the implications of this progression in the wicked man's life? What is the ultimate result of living that way?

The lifestyle of the blessed man is in direct opposition to that of the wicked man. What is the resulting fruit of that lifestyle found in verses 2 and 3? What is the ultimate result of living that lifestyle?

INTO MY LIFE

What's the difference between Eastern meditation and Biblical meditation? How do people confuse transcendental meditation with Biblical meditation, which is **“meditate on His law”**?

Which law of God do you most meditate on? Why?

Are you a more rational, inquisitive, or intuitive person? How does that affect your relationship to God, how you read and study the Bible, and how you make decisions in your life?

Who was someone in high school/college that you walked with, stood with or sat with (verse 1) who was a negative influence? What happened so you finally realized this person was wicked in actions?

What refreshing Psalm makes you feel like **“a tree planted by streams of water”**?

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