

GROWTH GROUPS QUESTIONS

Ephesians 4:22-24

Warm Up

Getting mail as a child was unexpected and exciting. Who wrote you a letter or sent you a card as a child? What was the occasion?

Getting Started Into the Text

What was most helpful or memorable from this sermon? Explain.

What emotions ran through you as you wrote out your “Dear Future Me” letter?

If you could give advice to yourself back when you were in high school, what advice would you give?

Do you think you would’ve listened to that advice?

Getting Deeper Into My Life

“With regard to your former way of life, to put off your old self”
When you were in high school/college, what did you do that got you into trouble?

“Be made new in the attitude of your minds” What is great advice that you were given in your life? How did it impact you? (If you can’t think of anything, do a quick google search for “great advice”.)

“Put on the new self, created to be like God in true righteousness and holiness” If there was one change that could instantly be part of your life, what change would you choose?

In the next verse, God commands **“put off falsehood and speak truthfully”**. What truth did someone tell you that was difficult but necessary to hear?

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